A Family Walk is designed for fun, fitness, and family. It is a walk along a pre-marked route. It is non-competitive and not timed. You may walk for free. All are welcome.

**Procedures**: Walk, jog, or run at your own pace.

<u>Disclaimer</u>: Participants do so at their own risk. The sponsor will make every reasonable effort to make the events safe and enjoyable for all. However, the sponsors and organizers cannot be held responsible for any lost or stolen articles, accidents, or injury of any kind at any time.

**Start Location**: Del Mar Library

1309 Camino Del Mar Del Mar, CA 92014

Ask a person behind the main desk for the "Walking Box."

Del Mar Branch Hours						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
CLOSED	9:30-6	9:30-8	9:30-8	9:30-5	9:30-5	1-5

## **Trail Description**:

The 10K (6 mile) walk is rated a 2.0 out of 5 due to the hill on 15<sup>th</sup> Street. The walk is on city streets, paved park trails and along the sea wall overlooking the Pacific Ocean. Strollers and wagons ok, but wheelchairs would be difficult due to the hill and a narrow road.

The 5K (3 mile) walk is rated a 1 out of 5. It will be on city streets and along the sea wall overlooking the Pacific Ocean. Strollers, wagons and wheelchairs ok.

Pets are OK on a leash with cleanup.

The walk is available daily.

We request that you walk from dawn to dusk only.

Information on other walks sponsored by the San Diego County Rockhoppers can be found at the club's web site:

www.sandiegorockhoppers.com

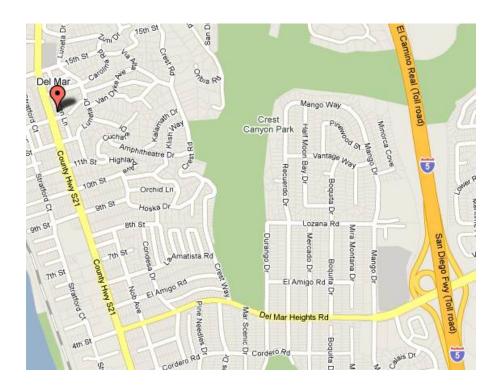
<u>Miscellaneous</u>: Water and rest rooms are available at many locations along the route.

<u>Special thanks</u> to the administrative staff of the **Del Mar Library** for their cooperation in making this year-round walk possible.



## Directions: From I-5

From the north or south, exit at Del Mar Heights Road and head west towards the ocean. Travel 1 mile along the road to Camino Del Mar and turn right. The library is located at 13<sup>th</sup> Street, which is about ½ mile along on the right. Ninety minute parking is available in the lot in the back of the library.



## Year-Round Family Walk Del Mar Library Del Mar, CA 10K (6 miles) & 5K (3 miles)



Sponsored by the
San Diego County Library
Association
and the
San Diego County Rockhoppers
Walking Club